



North Florida School of Aikido
(North Florida Aikikai)

is proud to present
A Weapons Seminar
with
Melissa Bell Sensei

Melissa Bell Sensei (5th dan) is the head Aikido instructor at the Sarasota Budokan Dojo in Sarasota, Florida. She started her training in 1992 as a direct student of Mitsugi Saotome Shihan (ASU) in Washington D.C. She is widely known for her work in the ASU weapons katas and techniques.



This seminar is limited to 30 participants. Please contact North Florida School of Aikido at info@northfloridaaikido.org if you would like to participate in this seminar. All participants must either be vaccinated for the Covid-19 virus or have a negative test within 48 hours of the seminar.

Dates: June 9-11, 2023 **Cost:** \$95

Class Times: Friday 6:30pm – 8:30pm, Saturday 10:00am – 12:00pm
and 2:30pm – 5:00 pm, Sunday 10:00am – 12:00pm

Location

North Florida School of Aikido
1535-1 Capital Circle NW
Tallahassee, FL 32303

For information

Call Richard Moore
(850) 528-7666 or Email
info@northfloridaaikido.org



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